This list is suitable for fixed site warm weather camping.

Menu plan

· Depends on outing: consult your patrol leader.

Camping personal gear

- Backpack or other bag of sufficient volume to accommodate personal gear and personal share of patrol gear. Bring small daypack for water and clothing if short outings from fixed site are anticipated
- Pack cover or trash bag, to keep gear stored outside of tents from getting wet.
- Personal water container(s) with minimum capacity 1 liter (2 liters if day outings from fixed site anticipated). Plan to carry with you throughout the day. Fill before leaving home.
- Closed cell or waterproof sleeping pad (Thermarest, Z-rest or similar) - this pad should not absorb moisture.
- Sleeping bag (rated for coolest anticipated temperature) Do not bring a bag with cotton filler - this material is not warm when wet.
- Pocket knife or multi-tool with knife (only for Scouts who have completed the Toten' Chip qualification)
- · Flashlight and / or headlamp with fresh batteries.
- Compass (e.g. for patrol skill exercises, and for route-finding when lost). A tiny compass on a keychain is useful for rough direction finding, though not for orienteering or route-finding with a map).
- Personal first aid kit (to supplement Troop kits kept by adult leaders).
 Prescription medications should be described on the permission slip and held by an adult leader.
- Matches in waterproof container, or waterproof matches (with striker)
- Retaining strap for eyeglasses if worn.
- · Plastic bags as desired to keep items dry and stow in backpack / bag
- Eating utensil(s)
- Sunscreen
- Bag to separate personal "smellables" for hoisting overnight in patrol bear bag. This could contain snacks, sunscreen, lip balm, etc.)

Clothing

Avoid cotton because it absorbs water easily, provides little insulation when wet, and takes a comparatively long time to dry. Choose clothing for effective layering (i.e. rain jacket on top of long-sleeved shirt on top of base layer shirt for cool mornings; similarly rain pants on top of hiking pants). Plan to store clothing not being worn in ziplock or plastic bags, to prevent moisture absorption.

- Base layer shirt (e.g. poly T- shirt, UnderArmor)
- · Long sleeve button shirt or similar
- Light jacket or pullover
- Rain jacket (also serves as wind break / top layer)
- Underwear and / or compression shorts
- Long pants
- Rain pants (also serve as wind break /top layer over other pants)
- High socks that don't cramp your feet, in poly, Smartwool, or equivalent. 3-4 pair for a weekend outing.
- Hiking boots that are adequately waterproofed. Leather and synthetic upper boots require different treatments. Hiking boots with Gore-tex liners will not keep your feet dry if the outer is not periodically treated to be waterproof. Tennis shoes or other noninsulating shoes can be useful as backup in case your primary footwear gets wet, but should not be relied upon to keep your feet warm and dry.

Patrol Gear

(to be divided among patrol members)

- All menu items other than personal snacks. Food must be suitable to eat cold or prepare using backpacking stove. Menus should be planned to minimize clean-up.
- Biodegradable soap (e.g. Campsuds) for post-meal wash-up
- Small amount of bleach in tight container for final stage of meal clean-up
- Plastic bins for wash / rinse / disinfecting of cooking gear
- Water containers with extra drinking and cooking water
- Cooking pot(s)
- · Cooking utensils
- Water purification tablets or water filtration pump if no ready source of potable water is anticipated.
- Stove for cooking if fires not possible. Bring backpacking stove, or larger two-burner stove, depending on circumstances. May be useful to carry stove as backup even if use of fires anticipated, in event local conditions make fire impracticable.
- · Fuel for stove
- · Paper towels as desired for clean-up
- Plastic trash bag(s) to contain food waste. Trash will be hung overnight according to bear safety procedures, and carried out.
- Bear bag to accommodate patrol food, trash, and hiker's "smellables"
- Ropes sufficient to rig bear bag
- Hand sanitizer
- Trowel for digging cat holes (need for this approach is site dependent, so check with your patrol leader in advance)
- · Toilet paper
- Tent(s) with suitable ground cloth, rain fly, stakes. Larger tents that
 are not suited for backpacking may be used in fixed site camping.
- Waterproof tarp / rainfly to protect patrol from elements while outside tents. Can also protect packs and bags from rain and snow overnight.
- Other patrol gear as necessary for anticipated activities, skill demonstrations, competitions, etc.

Scouts are discouraged from bringing electronic devices that are not weather resistant. In addition, electronic devices should not be used in such a way that they absorb a Scout's attention at the expense of his participation in patrol activities.

09-04-2010